

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

-----  
Applicant: Krull Art Unit: 3764  
Serial No: 10/682,265 Examiner:  
Filed: October 7, 2003  
Title: EXERCISE RESISTANCE METHODS AND APPARATUS  
-----

OFFICIAL

-----  
Certificate of Mailing

I hereby certify that this PRELIMINARY AMENDMENT is being sent via  
facsimile number (703) 872-9302 to the Commissioner for Patents, Attn: Art  
Unit 3764, on this 23rd day of April, 2004.

MAKUL  
Mark A. Krull

RECEIVED  
CENTRAL FAX CENTER

PRELIMINARY AMENDMENT

APR 23 2004

Commissioner for Patents  
Attn: Art Unit 3764

Dear Sir:

Introduction

This Preliminary Amendment is being submitted prior to  
examination on the merits.